

## Welcome to the 2023-24 Deer Valley Wrestling Season

Important Information:

\*Complete Athletic physicals AND Register my Athlete prior to first practice

\*First practice is Monday, October 30<sup>th</sup> from 3PM – 6PM

\*Required: Running shoes AND Wrestling shoes

- Study Hall will be mandatory from 2:20 to 3:00pm Monday through Friday

Mandatory fundraisers – All wrestlers must participate, NO exceptions:

Poker/Bunko Night, Superbowl Squares & other Misc. (Car Wash, Restaurant Nights, etc).

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Monday thru Friday, 3pm to 6pm &	Date:	<u>November 6, 2023</u>
Saturday Mornings, 7a-10a	Time:	<u>6:00 PM</u>
	Location:	<u>DVHS Auditorium</u>